

Main menu table for October 2022, listing daily meals (昼食), snacks (おやつ), and specific ingredients for each category (Red, Yellow, Green).

Nutritional summary table for the month, showing average energy intake (496 kcal) and nutrient levels for infants, with target ranges for energy and fat intake.

※1 昼食及びおやつで食事摂取基準量の50%を給与する(昼食:1日全体の概ね1/3 おやつ:1日全体の10~20%)
※2 質(n-6系脂肪酸、n-3系脂肪酸)にも配慮する

Main menu table for October 2022, listing daily meals (昼食), snacks (おやつ), and specific ingredients for each category (Red, Yellow, Green).

Nutritional summary table for the month, showing average energy intake (507 kcal) and nutrient levels for infants, with target ranges for energy and fat intake.

※1 昼食(主食は家庭より持参)及びおやつで食事摂取基準量の40%(ただし、日常不足しやすいカルシウム、ビタミンA、ビタミンB2は50%)を給与する
※2 質(n-6系脂肪酸、n-3系脂肪酸)にも配慮する