

Main table for the first page of the menu, listing daily meals (昼食), snacks (おやつ), and ingredients for red (赤), yellow (黄), and green (緑) categories.

Nutritional information table showing energy (エネルギー), protein (たんぱく質), fat (脂肪), calcium (カルシウム), iron (鉄), vitamins A, B1, B2, C, fiber (食物繊維), and salt (食塩相当量).

※1 昼食及びおやつで食事摂取基準量の50%を給与する(昼食:1日全体の概ね1/3 おやつ:1日全体の10~20%)
※2 質(n-6系脂肪酸、n-3系脂肪酸)にも配慮する

Main table for the second page of the menu, continuing the daily meal and snack listings with their respective ingredients.